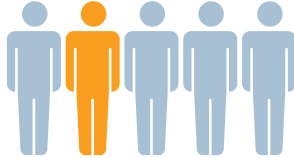


# THE VALUE OF COLONOSCOPY

## Who Should Be Screened?

**33%** of people diagnosed have a **family history** of colorectal cancer and are more likely to be diagnosed at an earlier age<sup>1</sup>



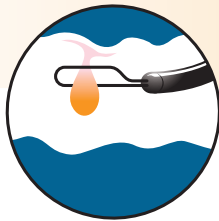
**1 in 5** colorectal cancer cases are now in **people under age 55**<sup>1</sup>

The American Cancer Society recommends average-risk people start screening at age

**45**<sup>2\*</sup>

*\*Depending on family history, screening may be recommended at age 40 or younger*

## Colonoscopy: The Gold Standard



**The only screening that detects and prevents cancer**<sup>3</sup>

**The only test recommended for people with risk factors** such as personal history of polyps or cancer, family history of cancer, or inflammatory bowel disease.<sup>3,4,5</sup>



**The best test for finding precancerous polyps**<sup>2</sup>

Prevents colon cancer by **removing polyps before they can turn into cancer**<sup>3,4,5</sup>

## How Often is Colonoscopy Recommended?

Colonoscopy is **the only test recommended at 10-year intervals** for asymptomatic patients at average risk

*Your gastroenterologist will recommend the interval of repeat colonoscopy based on findings during colonoscopy and surveillance guidelines*

**10**<sup>3,5,6</sup>  
YEARS

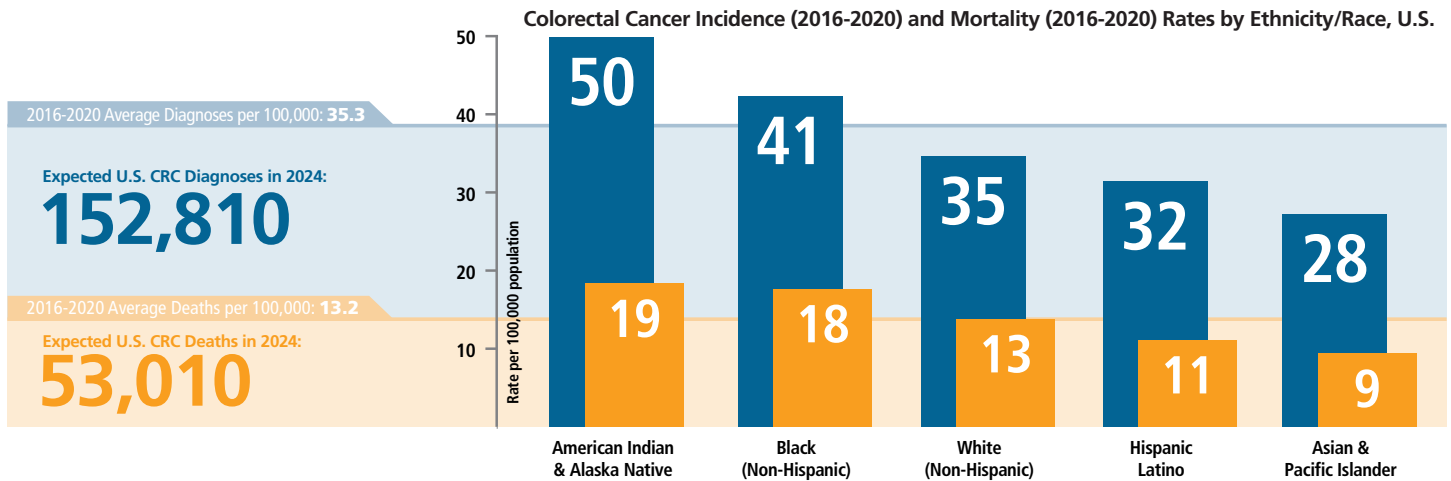


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# COLORECTAL CANCER: AM I AT RISK?

## Colorectal Cancer (CRC) Disparities in the U.S.<sup>1</sup>



## Did You Know?



Disparities are driven by socioeconomic status and differences in access to early detection and treatment<sup>2,3</sup>



Screening is lowest among:<sup>5</sup>

- Ages 45-49 years (20%)
- Asian Americans (50%)
- Individuals with less than a high school education (48%)
- The uninsured (21%)
- Recent immigrants (29%)



Blacks and Hispanics are less likely to get prompt follow up after abnormal screening results and more likely to be diagnosed with late stage cancer<sup>2,3,4</sup>

When diagnosed at an early stage, survival rates are similar across all racial and ethnic groups<sup>6</sup>

## What Should I Do?



Ask your primary care or GI physician about available CRC screening options<sup>7,8</sup>



Schedule a colonoscopy or stool-based screening test at age 45<sup>9</sup>

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